**The Practice of Confession**

**The Word**

Read together 1 John 1:5-2:2

**Questions for Discussion**

1. On Sunday, a story was shared about a childhood experience of confessing to a priest. When you think about the idea of confession, what ideas or images come to your mind based on your own past experience?

2. In our conversation about confession, a lot was mentioned about forgiveness and the gospel itself. What struck you most Sunday’s reminder of what the gospel is all about?

3. How did Sunday’s message change or deepen your view of confession?

4. Moving forward, are there any changes you want to make in your relationship with God as it applies to the practice of confession?