**Present Your Requests to God**

**The Word**

Read together Philippians 4:4-9 (focusing on v. 6-7)

**The Big Picture**

God invites us into a life of humble dependence on him in which we regularly present our needs and requests to him, trusting him to provide for us and give us his peace.

**Questions for Discussion**

1. Philippians 4:6-7 are very familiar verses for many of us. What did you come to appreciate in a fresh way from that passage on Sunday?

2. On Sunday we talked about our culture’s drive towards self-sufficiency and independence and how that can be a barrier to a life of dependent prayer. Do you relate to that? How does that play out in your own life?

3. Consider the daily prayer handout from Sunday (see below). Is there any specific commitment you want to make this summer regarding prayer?

4. What needs and issues are most on your heart and mind at this time? Take some time to pray as a group, lifting up your requests to God.

**Keeping Company with God**

*It is good to praise the Lord, to proclaim your steadfast love in the morning and your faithfulness at night. –Psalm 92:1-2*

Morning Prayer

* A prayerful reading of Scripture (read relationally)
* What prayer emerges from your encounter with God’s Word?
* Pray over your day: What do you need from God, and what is he asking of you?
* What other needs or people do you want to offer to God?

Prayer During the Day

* Let the transitions be doorways into prayer
	+ Pray before going in through a “door”
	+ Pray as you are going out through a “door”

Evening Prayer

* Become aware of God’s presence
* Review the events of the day with God
	+ Notice the many gifts God gave you today
	+ Notice where you wandered from God today
	+ Give thanks to God for the day